

SHINGLES

WHAT YOU NEED TO KNOW

CAUSED FROM THE SAME VIRUS THAT
CAUSES CHICKENPOX.
(VARICELLA ZOSTER VIRUS/VZV)

ANYONE WHO HAS RECOVERED FROM
CHICKENPOX, EVEN CHILDREN, CAN
GET SHINGLES.



SYMPTOMS

- TINGLING/BURNING PAIN
- BLISTERING/BUMPY RASH
- ITCHING
- FATIGUE
- SENSITIVITY TO LIGHT
- HEADACHE

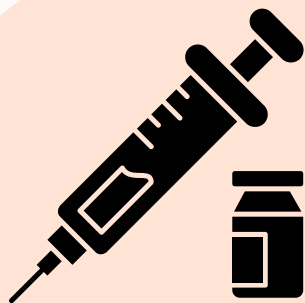
SCAN ME



PEOPLE WHO NEVER HAD CHICKENPOX OR
DIDN'T GET A CHICKENPOX VACCINE CAN
GET INFECTED WITH VZV FROM SOMEONE
WHO HAS SHINGLES.



TWO DOSE VACCINE
(2-6 MONTHS APART)
RECOMMENDED FOR ALL
ADULTS OVER 50 AND PEOPLE
OVER THE AGE OF 19 WITH
WEAKENED IMMUNE SYSTEMS.



FOR MORE INFORMATION VISIT: WWW.CDC.GOV/SHINGLES