



Health History Form

Please complete to the best of your ability.

Date: _____

Name: _____

Date of Birth: _____

Date of last complete physical: _____

Last blood work: _____

Pharmacy _____

Primary Care Physician _____

Allergies to Medication – Include type of reaction.

Medications – List all current medications and dose. Include over the counter and herbal medications.

Obstetrics and Gynecological History (Women Only)

Last PAP Smear Date: _____ Abnormal: Yes / No

Last Mammogram Date: _____ Abnormal: Yes / No

Last Bone Density Scan Date: _____ Abnormal: Yes / No

Age of first menstrual period: _____ Date of last menstrual period or age of menopause: _____

Number of pregnancies: _____ Live Births: _____ Miscarriages: _____ Abortions: _____

Cesarean sections: _____ How many? _____ Are you currently pregnant? Yes / No Weeks: _____

Do you have any of the following?

_____ Bleeding between periods _____ Heavy periods _____ Extreme menstrual pain

_____ Vaginal itching _____ Hot flashes _____ Breast lump

_____ Nipple discharge _____ Other: _____

Family History – Please check if your parents, siblings, or grandparents have or have had the following

_____ Stroke _____ Seizure Disorder _____

_____ Alzheimer’s Disease _____ Leukemia _____

_____ Thyroid Disease _____ High Blood Pressure _____

_____ Tuberculosis _____ Diabetes _____

_____ Heart Attack _____ Kidney Disease _____

_____ Cancer (please specify location) _____

Other: _____

Social History

__ Married __ Single __ Widowed __ Divorced

Occupation _____ Employer _____

Do you smoke? Yes / No | If so: Cigarettes / Pipes / Cigars

How long have you smoked? _____ | How much? _____

Have you quit smoking? Yes / No | How long ago? _____ | Do you want to quit? _____

Do you drink alcohol? Yes / No | Please list amount? _____ | How long? _____

Any illicit drug use? Yes / No | If so, what type? _____ | How long? _____

Do you have: (please circle and provide copy) Living Will Advanced Directive Power of Attorney

Past Medical History – Have you had any of the following illnesses?

__ ADD/ADHD __ Blood Disease __ Enlarged Prostate __ High Cholesterol

__ Allergies __ Chicken Pox __ Eye/Vision Problems __ HIV/AIDS

__ Anemia __ COPD __ Fibromyalgia __ High Blood Pressure

__ Angina/Heart Attack __ Crohn’s Disease __ Gallbladder Disease __ IBS/Colitis

__ Anxiety/Depression __ Deep Vein Thrombosis __ GERD/Reflux __ Infertility

__ Asthma __ Diabetes Type __ Gout __ Jaundice

__ Autoimmune Disease __ Diverticulitis __ Heart Disease __ Kidney Disease

__ Bladder Infection __ Ear/Hearing Problems __ Hemorrhoids __ Kidney Stone

Past Medical History continued

- Low Back Pain
- Lung Disease
- Migraines
- Morbid Obesity
- Organ Transplant
- Osteoporosis
- Muscle, Joint or Bone Problems
- Respiratory Problems (specify) _____
- Cancer (location) _____
- Other: _____
- Ovarian cyst
- Pancreatitis
- Seizures/Epilepsy
- Sleep Apnea
- Stomach Ulcers
- Stroke
- Skin Problems _____
- Thyroid Disease
- Tuberculosis
- Ulcerative Colitis
- Developmental or Behavioral Problems

Have you or a family member ever had any trouble with anesthesia? Yes / No

Past Surgical History – List date & type of operation(s)

History of Present Illness

Please explain your problem in one sentence: _____

Work Related? Yes / No Employer Name: _____

Where is your problem located? Right / Left Location _____

When did your problem start? _____

Severity of pain on a scale of 1 – 10 1 – Minimal 1 – Severe _____

What else do you experience? Swelling Grinding Give way Catching Popping Locking Sleeping Problems

Does the condition affect your ability to work? Yes / No _____

(Occupation)

How? _____ Medical Leave Light Duty Full Duty

Have you previously had this or a similar problem? Yes / No _____

Did you improve? Yes / No _____

Why? _____

What previous treatment have you had for this problem?

Surgery PT/OT Injections Braces/Straps Casting Chiropractor Medicine _____

Please list doctors who have treated you for this particular problem:

(Name)	(Specialty)	(City)	(Date)
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Have you had:	When?	Where?	Study Here	Report Here
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X-Ray

MRI

Bone Scan

CT